



Hello Spring

VIOLET ACTUALLY

Happy Spring

Spring is here, and so is this little booklet—meant to bring you fresh thoughts, bright mornings, and a sprinkle of inspiration for the season ahead.

I hope these words, mine and those of wiser souls, land softly in your hands and bring you the joy of new beginnings, the warmth of slow, happy mornings, and the quiet thrill of stepping into the light after a long winter.

May this be a season of blooming, of laughter, of stretching toward the sun. A time for dusting off old dreams, waking up with curiosity, and walking forward with lightness in your heart.

So take a breath, sip something warm, and let's welcome the season of possibility together.

Enjoy the pages ahead!

VIOLET *Actually*
VIOLETA PERAN



In Principio Erat Verbum

Read. Listen. Speak. Let the words open your heart, stretch your soul, and make space for something new.

Breathe in—deeply, until your lungs feel like they might burst, until every part of you expands with the fullness of that moment. And with that breath, feel the thought. Feel the word.

Words are not just something we say or hear; they are something we carry, something that stirs, shifts, and shapes us. May these pages offer you the kind of words that awaken, that plant seeds, that whisper of growth and light.

Take them in, let them settle, and see what they unfold in you.



*IN THE BEGINNING WAS THE WORD,
AND THE WORD WAS WITH GOD,
AND THE WORD WAS GOD.
JOHN 1:1*

Raise your words, not your voice.
It is rain that grows flowers, not thunder.

Rumi

One kind word can warm three winter months.

Japanese Proverb

Breathe deeply and let your soul catch up with your body.

Ancient Proverb

And the day came when the risk to remain tight in a bud was
more painful than the risk it took to blossom.

Anaïs Nin



Beginning

Are all beginnings grand, monumental events? I don't think so.
More often, beginnings are quiet murmurs, easily drowned out by the noise of life.

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And suddenly you know: It's time to start something new and trust the magic of beginnings.

Meister Eckhart



Perhaps the true monumentality of a beginning doesn't lie in its appearance but in the quiet gravity of the choices we make—each one a moment of authenticity, shaping the course of our lives.

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The beginning is always today.

Mary Shelley

A soft-focus photograph of a bouquet of peonies in shades of pink and white, arranged in a white ceramic vase. A light-colored wooden stick, possibly a cinnamon stick, rests on the right side of the vase's rim. The background is a plain, light gray, creating a minimalist and serene aesthetic.

New beginnings often
resemble a foggy glass,
obscuring our path as
we strive to clarify our
direction.

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Isn't it strange how new beginnings can sometimes feel
like unexpected endings?

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Even in stillness,
there is room for
something new.

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New Dawn

It's within these small acts of creation that I find clarity, prompting me to ponder: could this gentle unfolding be the first step toward a new dawn?

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What we call the
beginning is often the
end. And to make an
end is to make a
beginning.

T.S. Eliot





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